



FREE ASSEMBLY



The Five Offerings: A DIY Transformation Workbook

The Order of Resurrection Life

The Giving Product — Resurrection Life (Christian tradition)

FREE WORKBOOK — DIY TRANSFORMATION

How the Offerings Become Transformation

In Leviticus 1–7, God gave Israel five offerings for the tabernacle: the burnt offering, the grain offering, the peace offering, the sin offering, and the guilt offering. For the Christian, these offerings are fulfilled in Christ — he offered himself once for all, and the temple curtain is torn (Hebrews 9–10). We do not bring animals to an altar anymore.

But the **pattern** remains, and it is a gift. Each offering names a different way a human being gives themselves to God: total surrender, daily work offered in thanks, joyful fellowship, honest confession, and real restitution. Together they trace a complete journey of transformation — from a life held back to a life fully given.

This workbook turns each offering into a self-guided practice. No priest, no ritual, no special equipment — just you, Scripture, a notebook, and common household things. Work through one offering at a time, alone, at your own pace. This is not sacrifice to earn God's favor; Christ has already secured that. It is **giving as worship** — the response of a forgiven heart learning, step by step, to live resurrected.

The five offerings, in order, form one journey:

1. **Burnt** — surrender everything. 2. **Grain** — give thanks in your daily work. 3. **Peace** — share joy in fellowship. 4. **Sin** — confess and be cleansed. 5. **Guilt** — make amends and reconcile.

Each section below has four parts: **The Meaning**, **The DIY Practice**, **Reflection Prompts**, and an **Action Step** to complete within 48 hours.



1. The Burnt Offering — Total Surrender

The Meaning

In Leviticus 1, the burnt offering (*olah*) was wholly consumed by fire — nothing held back, nothing kept for the offerer. It spoke of complete dedication. In Christ, Paul carries this image into the Christian life when he urges believers to "present your bodies as a living sacrifice" (Romans 12:1), and Jesus himself sets the terms: deny yourself, take up your cross, and follow him (Matthew 16:24). The DIY meaning is plain: surrender is giving God first claim on your whole life — your time, plans, money, relationships, and ambitions — keeping nothing in reserve.

The DIY Practice

1. Set aside 30 quiet minutes alone, with a pen and paper or notebook. 2. Read Romans 12:1–2 slowly, twice. 3. On your paper, write six headings: *Time, Work, Money, Relationships, Plans, Habits*. 4. Under each heading, write one specific thing you have been holding back from God. Be concrete — a named habit, a named sum, a named plan. 5. Under each item, write a short prayer of release in your own words, such as: "Lord, I give you my ____." 6. Read Matthew 16:24 (paraphrased: if anyone would follow me, let him deny himself and take up his cross). Name one comfort or ambition you will lay down this week, and write it at the bottom of the page. 7. Safely burn the page in a metal bowl or sink, or tear it into small pieces, as a sign that what is surrendered is no longer yours to manage. Then pray a simple prayer of thanks. 8. Sit in silence for one full

minute. End by reading Psalm 51:10 in your own Bible — David's prayer for a clean heart and a renewed spirit — and say "Amen."

Reflection Prompts

- What am I still *negotiating* with God instead of surrendering? - If my life were fully God's starting tomorrow morning, what would be different about the day?

Action Step

Within 48 hours, give away one possession you value but do not need — to a person, a charity shop, or a neighbor. Let the surrender take physical form.



2. The Grain Offering — Thanksgiving in Daily Work

The Meaning

The grain offering (*minchah*, Leviticus 2) was made of fine flour, oil, and frankincense — the fruit of ordinary labor, baked and brought to God. Part was burned, part sustained the priests: daily work, offered up. In Christ, this becomes the dedication of our labor and our bread. Paul teaches that whatever we do, we are to work as though working for the Lord rather than for people (Colossians 3:23), and to give thanks in all circumstances (1 Thessalonians 5:18). The DIY meaning: your job, your chores, your daily bread — all of it can be an offering of thanksgiving.

The DIY Practice

1. Choose one ordinary workday (paid work, housework, study — whatever fills your hours). 2. Before you begin, pray aloud: dedicate the day's specific tasks to God by name. 3. Place a small piece of bread or a cracker on your table or desk where you will see it — a reminder through the day that your labor is an offering. 4. At midday, pause for two minutes and list three things about your work you are grateful for. Write them down. 5. When frustration or complaint rises during the day, stop and thank God aloud for one specific thing (this is the 1 Thessalonians 5:18 practice in real time). 6. At day's end, eat the bread slowly and deliberately as an act of thanksgiving. Name five provisions God has given you this week. 7. Write one sentence in your notebook: "Today my work served God by ____." 8. Share a portion: give some food from your own kitchen to a neighbor, coworker, or someone in need — the grain offering always fed others too (see Hebrews 13:16, on doing good and sharing as sacrifices that please God).

Reflection Prompts

- Do I treat my work as worship, or as something separate from God that merely funds my life? - What provision have I been receiving daily without ever thanking the Giver?

Action Step

Within 48 hours, write a thank-you note — text, email, or card — to someone whose work serves you (a coworker, a shopkeeper, a tradesperson). Tell them you thanked God for them.



3. The Peace Offering — Fellowship and the Shared Table

The Meaning

The peace or fellowship offering (*shelamim*, Leviticus 3 and 7) was a shared meal: part burned to God, part given to the priests, part eaten by the offerer with family and friends in God's presence. It was the offering of joy — gratitude expressed in communion. In Christ, this becomes the fellowship of the Lord's Table (1 Corinthians 11:23–26) and the life of the early church, which broke bread in homes with glad and sincere hearts (Acts 2:46). John adds that as we walk in the light we have fellowship with one another (1 John 1:7). The DIY meaning: gratitude is not complete until it is shared — at a table, with people, before God.

The DIY Practice

1. Invite one or more people to share a simple meal — home-cooked or takeout; keep it simple so hospitality, not cooking, is the point. 2. Before they arrive, set the table deliberately. A candle or simple centerpiece marks the meal as set apart. 3. Open the meal with prayer. Read or recall the words of the Lord's Supper from 1 Corinthians 11:23–26, or simply thank Jesus aloud for his body given and his blood shed. 4. If bread and cup are part of your tradition, share them together with reverence. If not, receive the meal itself as an act of thanksgiving to God. 5. Around the table, invite each person to name one thing

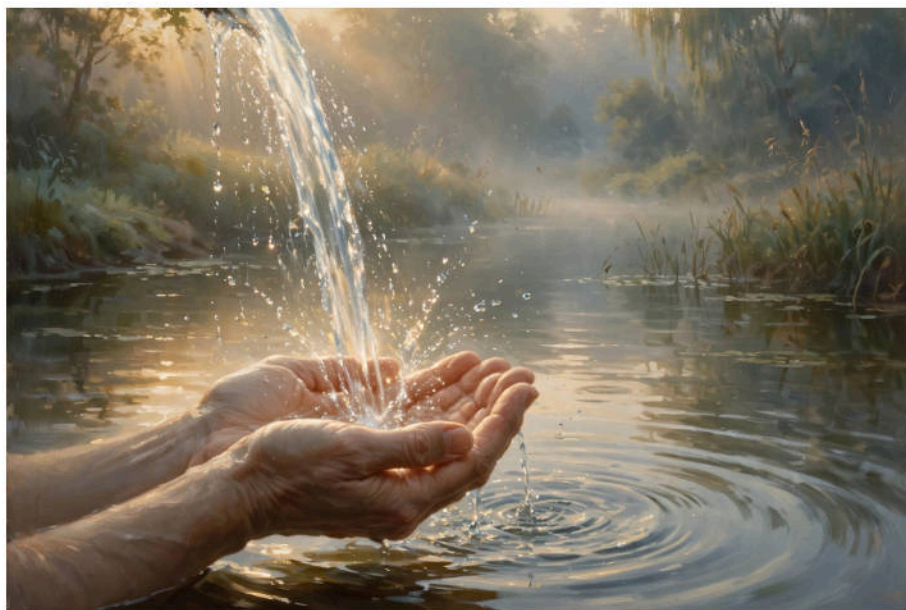
God has done for them this past month. Go first, to make it easy. 6. Practice attentive love: ask each guest what burden they are carrying right now, and pray briefly for them before they leave — aloud, at the table. 7. After your guests leave, write down one name and commit to pray for that person daily for the coming week.

Reflection Prompts

- Who is missing from my table — and what keeps me from inviting them? - Is my gratitude mostly private, or does it spill over into fellowship with others?

Action Step

Within 48 hours, invite someone to a meal or coffee this week — especially someone lonely, new, or on the margins. Set the date now, don't leave it vague.



4. The Sin Offering — Confession and Cleansing

The Meaning

The sin offering (*chatat*, Leviticus 4-5) was brought for purification from sin; its blood made atonement and the offerer was made clean. In Christ, this offering is fulfilled at the cross — he bore our sins in his body (1 Peter 2:24), offered once for all (Hebrews 10:10). What remains for us is the practice of confession: John's promise stands that if we confess our sins, God is "faithful and just to forgive us our sins and to cleanse us from all unrighteousness" (1 John

1:9). James adds the communal dimension: confess your sins to one another and pray for one another, that you may be healed (James 5:16). The DIY meaning: honest, specific naming of sin before God — and receiving his cleansing as a finished fact.

The DIY Practice

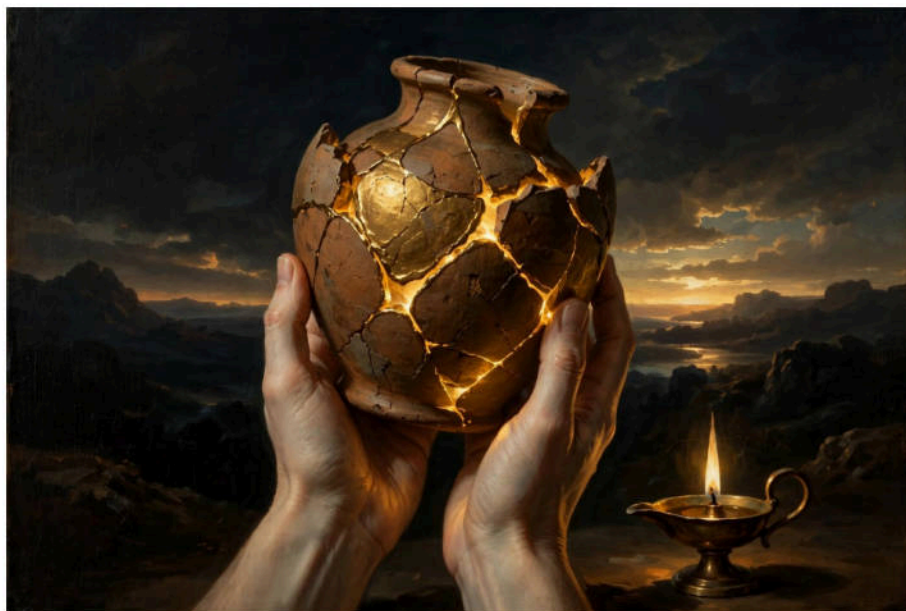
1. Find a private, quiet place where you will not be interrupted. Bring pen and paper. 2. Pray Psalm 139:23–24 in your own words — "Search me, God; know my heart" — and ask the Holy Spirit to bring specific sins to mind. Wait in silence for two minutes. 3. Write down each sin honestly and specifically. No euphemisms, no generalizations — name what was actually done, said, or left undone. 4. Beside each item, write the name of anyone who was affected or hurt, if someone was. 5. Read 1 John 1:9 aloud. Confess each item to God by name, slowly, one at a time. 6. Cross out each confessed item, or tear the page into pieces, as a sign of cleansing — a visible picture that what is confessed is removed. 7. Read Psalm 32 or Psalm 51 in your own Bible — David's great psalms of confession and forgiveness — and let their words become your own. 8. Sit in silence for two minutes, receiving forgiveness. End with thanks — not with self-punishment. The cleansing is God's work, not yours.

Reflection Prompts

- What sin have I been softening with vague language instead of naming plainly? - Do I actually believe God has cleansed me — or am I still carrying what he has already removed?

Action Step

Within 48 hours, speak your confession aloud to one trusted believer (James 5:16) — a pastor, mentor, or mature Christian friend. If the sin was against a specific person, apologize to them directly (this leads into the fifth offering).



5. The Guilt Offering — Restitution and Reconciliation

The Meaning

The guilt offering (*asham*, Leviticus 5-6) went further than confession: when wrongdoing had harmed another person, the offerer had to repay what was taken *plus an additional fifth* — restitution with interest. In Christ, the great picture of this is Zacchaeus, who stood before Jesus and declared, "if I have defrauded anyone of anything, I restore it fourfold" (Luke 19:8) — and Jesus answered that salvation had come to his house that day. Jesus himself taught the order of things: if you remember your brother has something against you, leave your gift at the altar — "first be reconciled to your brother, and then come and offer your gift" (Matthew 5:23-24). The DIY meaning: forgiveness received must become amends made — repaying, repairing, and reconciling, in real life, with real people.

The DIY Practice

1. List every person you may have wronged: debts unpaid, things taken or never returned, words that wounded, promises broken, lies told. 2. Beside each name, write what restitution would look like: repay money? return the item? apologize? correct the lie publicly? 3. Pray over the list. Ask God for courage and humility — and for wisdom about timing. 4. Order the list from easiest to hardest. 5. Begin with the easiest item and complete it this week: make the call, send the

message, pay the amount, return the item. 6. When you make amends, keep it simple and honest: name what you did without excuses, say you are sorry, and state concretely what you are doing to make it right. 7. If someone refuses your apology or reconciliation, note it and release it — you have done your part. Paul's rule applies: as far as it depends on you, live at peace with everyone (Romans 12:18). 8. Record each completed amend with its date. Thank God for each one — restitution completed is cause for joy, as it was in Zacchaeus's house.

Safety note: restitution should never endanger you or anyone else. If contacting someone would be unsafe, or the situation is complex, seek counsel from a pastor or counselor before acting.

Reflection Prompts

- Whose name did I hesitate to write on the list — and what does that hesitation reveal? - Have I been asking God to forgive things I have never tried to repair?

Action Step

Within 48 hours, complete the easiest item on your restitution list — send the apology, repay the money, return the item. Start where the resistance is lowest.

The Five-Week Cycle

The five offerings are not a one-time exercise. They are a rhythm — a repeatable journey you return to again and again, each pass going deeper.

The weekly rhythm (recommended)

Week	Offering	Theme for the week	----- ----- -----	1	Burnt
Surrender — lay the week before God each morning	2	Grain	Thanksgiving — dedicate your daily work; end each day naming provisions	3	Peace
Fellowship — share at least one meal; pray for one person daily	4	Sin	Confession — nightly examen: name the day's sins before God	5	Guilt
Restitution — work your amends list; reconcile where you can					

How to run it: Set aside one focused session per week (30–45 minutes) to work through that week's offering practice in full. Complete the 48-hour action step early in the week. Carry the week's theme in daily prayer — a sentence each

morning is enough. At the end of week 5, begin again at week 1.

The 5-day alternative

Prefer a tighter cycle? Do one offering per day, Monday through Friday, repeating every week:

- **Monday** — Burnt: surrender the week. - **Tuesday** — Grain: dedicate the day's work in thanksgiving. - **Wednesday** — Peace: share a meal or intentional fellowship. - **Thursday** — Sin: confession and cleansing. - **Friday** — Guilt: one act of restitution or reconciliation.

Keep the weekend for rest and worship — the offerings were Israel's work; the Sabbath was God's gift.

Why repeat it

The first pass through the five offerings clears the surface. The second pass goes deeper: confession gets more honest, restitution more thorough, surrender more total, thanksgiving more habitual, fellowship more joyful. Transformation is not a single event but a practiced direction. As Paul writes, we are **being transformed** by the renewing of our minds (Romans 12:2) — present tense, ongoing. Walk the five offerings until the pattern becomes the shape of your life.

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